

How Finding Your Career Sweet Spot Changes Everything

One Day Workshop 5th April 2014

Are you sick of thinking about what you'd like to do, but still find yourself back in the same workplace every Monday? Or are you unsure what to do but you know it's not what you're doing now? Maybe you're just bored and need a change? Or recently retrenched? Have you answered yes? Then you're ready for a Career Redesign.

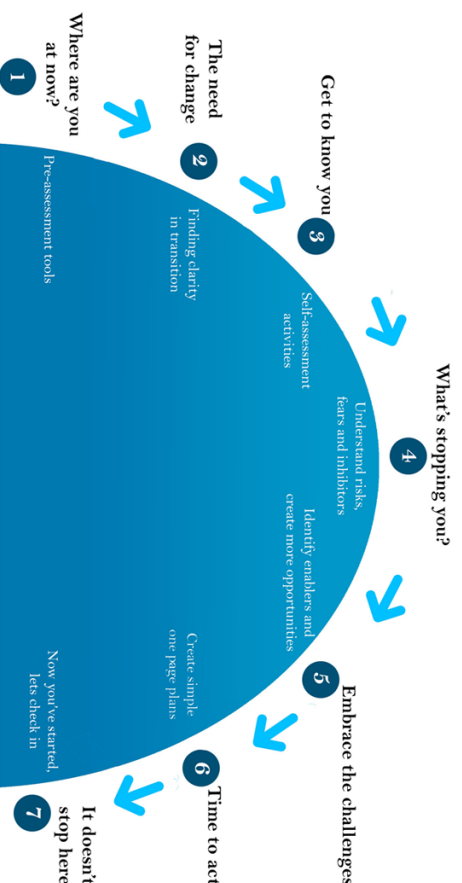
The **Career Redesign Program** is specifically designed to help participants overcome the challenges of:

- Confusion about where to start to make a career change,
- Staying in unsatisfying and unfulfilling jobs, too scared to leave,
- A nagging feeling about what role they should or could be doing.

The workshop package consists of 10 hours contact time where you are facilitated through a seven step method that

- Provides clarity on where and how to start your career transition,
- Provides an understanding of the psychology of change and how to use this to overcome fears or what could be holding you back,
- Gives you a deeper understanding of your desires, abilities, assets and the environments that you thrive in,
- Assists you to identify roles that focus on your strengths and values,
- Outlines enablers to increase your knowledge and confidence,
- Gives you a plan to start taking action now.

SWEET SPOT CAREERS



The Career Redesign Program Method

You will receive:

- A **pre-workshop consultation** to check where you're at if you're ready for a career change and to ensure this program is right for you.
- Access to a series of **pre-workshop activities** including online diagnostic tools, providing clarity on what's going on for you.
- **10 hours face to face contact time.**
- A follow-up **consultation**, within a month of workshops, to support you to further work through any challenges or questions that arise and includes a referrals process.
- **Lots of fun, creative and inspiring activities.**
- A take-home **comprehensive manual** filled with additional activities, references and follow up materials.
- **Enriching refreshments.**
- **Individual attention** in a supportive, non-threatening environment with like-minded people. The workshop size is kept to a maximum of 16 participants.

Experienced facilitator and career author, **Maria Simonelli**, takes you through an expertly conceived process designed to help you deepen your understanding of yourself, then build on ideas and options from there. She'll also look at how to get past common blocks and challenges and pack the workshop with advice on how to get going, create opportunity and open doors to create that Sweet Spot Career

Saturday 5th April, 10am - 5.30pm,
The College for Adult Learning, 3 Prince Patrick St. Richmond

Central Richmond / South Yarra location, Close to East Richmond Station and Chapel/Church St Tram, Convenient access to Monash Freeway, Parking available in side streets

Cost: \$495 (inc GST)

- Less the cost of any previous shorter workshops you have undertaken with Sweet Spot Careers. When booking use the Code:Feb14
- Bring a friend and get an additional 10% off both tickets.



These workshops sell out so please book early to avoid disappointment.

This workshop will leave participants feeling empowered and ready to do whatever it takes to re-energise their career and find that sweet spot.

For more information go to
www.careerredesign.com.au

5% of profits will go towards Kiva <http://www.kiva.org> Kiva lenders combat poverty by making small loans to borrowers around the world. The program creator believes everybody deserves a chance to create a life improving career.