



Sweet Spot Careers

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## Sweet Spot Careers A Practical and Creative Guide to a Successful Midlife & Mid Career Transition

### Table of Contents

#### Section 1 Introduction to this Course

Inspirational Quote- Video

Table of Contents- Document

Overview of Section- Video

Welcome and About this Course -Video

What's included in this Course-Document

Are You Ready for a Career Change?-Activity

The 7 Steps To Career Redesign- Video

How Others Have Done It: From Fashion to Fitness- Document

Section 1 Learning Outcomes -Video

#### Section 2 Foundation to Course Methodology

Inspirational Quote- Video

Overview of Section- Video

Foundation to Course Method -Video

Five principles to course method- Document

Seven creative elements reflection method- Document

Where are you in your life change? -Activity

Applying the seven creative elements to the model- Video

Method Overview- Video

Section 2 Learning Outcomes -Video

## **Section 3 Step 1 Understanding Why We Need and Seek Change**

Inspirational Quote- Video

Overview of Section- Video

Welcome to change – Video

The psychology of midlife career transition – Document

What are the signs you're ready?- Document

What's a Career Sweet Spot? – Video

What's a Career Sweet Spot? –Activity

What's holding you back? - Document

Changing careers means changing ourselves- Document

The 4 Dimensions of Life Change Model- Video

Case Study -How Others Have Done It: Finding strength from change- Document

Section 3 Learning Outcomes -Video

## **Section 4 Step 2 Get to Know You**

Inspirational Quote- Video

Overview of Section- Video

Dive Deep for DATA Video

Get ready to get to know you- Video

Applying the creative elements reflective activity to Step 2 – Activity

The DATA Model and Activities- Video

Explore the past and present to inform the future- Multiple Activities

Case Study-How Others Have Done It: Matching Lifestyle with Career- Document

Applying the creative elements reflective activity to Step 2 –Video

Section 4 Learning Outcomes -Video

## **Section 5 Step 3 What's Stopping You?**

Inspirational Quote- Video

Overview of Section- Video

Confronting the YES BUT's- Video

Managing career transition- Document

Create an internal transition plan- Activity

Does your career change suffer from avoidance tactics?- Document/Activity

What are we really scared of?-Document/Activity

What is the cost of your career change?- Document

What's your relationship with money?- Document

Applying the creative elements reflective activity to Step 3 –Video

Case Study-How Others Have Done It: Skills Transition-Document

Section 5 Learning Outcomes -Video

## **Section 6 Step 4 Embrace the Opportunity**

Inspirational Quote- Video

Overview of Section- Video

The single most important thing that you can do right now- Video

Ten things that will enable you to take action now- Document

Find your tribe- Document/Activity

Create your personal profile -Document/Activity

Communicate your personal profile- Supplementary Activity

Applying the creative elements reflective activity to Step 4 – Video

Case Study-How Others Have Done It: From Auto pilot to Successful consultant - Document

Section 6 Learning Outcomes -Video

## **Section 7 Step 5 Time to Act**

Inspirational Quote- Video

Overview of Section- Video

Start Project You- Video

Start with a side project –Document

Taking stock- Activity

Create an initial action plan - Activity

Convert your thinking into a plan-Activity

Applying the creative elements reflective activity to Step 5 – Video

Case Study-How Others Have Done It: Transport planner to

Corporate trainer to Communications consultant - Document

Section 7 Learning Outcomes -Video

## **Section 8 Step 6 Explore and Discover Through a Side Project**

Inspirational Quote- Video

Overview of Section- Video

Immerse yourself in a side project –Video

Laying the groundwork to a side project- Document

It's not stalking , it's interviewing - Document/Activity

Create a side project by volunteering or job shadowing -Document/Activity

Got a great idea you want to market test? -Document/ Activity

How to market test via a side project - Activity

Assessing your side project-How do you know its working?--Document/ Activity

Case Study-How Others Have Done It: Change is messy, But you're worth it- Document

Section 8 Learning Outcomes -Video

## **Section 9 Step 7 It Doesn't Stop Here**

Inspirational Quote- Video

Overview of Section- Video

Don't stop here -Video

The Opportunity of change -Activity

Keep buzzing- How to stay motivated --Document/ Activity

The value of a career buddy and career mentor- Document

Section 9 Learning Outcomes -Video

Final Thankyou Video

## **Section 10 Bonus Lectures**

1. How Being Vulnerable Can Help Your Career - Brené Brown
2. Why People Fail- Siimon Reynolds
3. What's my identity got to do with career transition? - Elizabeth Perle McKenna
4. Happiness Advantage - Shawn Achor
5. How do we find flow in our work? - Mihaly Csikszentmihalyi

## **Reference List for Further Reading**